



## From the Source to the Bottle *a day following 'The Water of Life'*

Set among the Northern Cairngorms, this day out shows you how we turn water into whisky – from the source of one of our most recognised single malts, high in the hills, through the distilling process, to the fantastic cooperage, where we learn about the tradition of making and restoring the whisky barrels.

The day includes lunch, using local produce, in the picturesque setting of a Highlands Hotel.



Uisge beatha – the Gaelic for 'water of life' – owes its very existence to the purity of the water throughout Scotland; this is one of the natural ingredients that give whisky its distinctive flavour. We shall take you on a journey alongside one of Scotland's most famous rivers, with stunning views of the high hills of the Cairngorms; take a gentle walk to see where this natural ingredient starts its life, then follow it into a local distillery to see the process of brewing and distillation that, despite mechanisation, hasn't changed in principle for centuries.

You will be able to taste different examples of the finished product only a short step from where the water flows and learn what makes these subtle differences, as well as pairing the whisky with chocolate – a marriage made in heaven!

From there we shall travel along scenic back roads to a traditional country house hotel for lunch, where you will taste local produce from the Cairngorms National Park, sitting amidst the beauty of Strathspey. After lunch we shall journey to another all important part of the process, the cooperage, where barrels are made and restored. It is the source of these barrels that adds the final element to the taste of the whisky.

At the end of the day we shall return you to your starting point, with fond memories of what makes Scottish whisky unique and the care taken in its production.



# Cairngorms National Park

## From the Source to the Bottle

### **Pick up point**

Any accommodation, or other point, in the Aviemore, Granttown on Spey or Kingussie area around 9.00am.

### **Weather**

Varies from cold to warm and sunny throughout the year – see list of what to bring.

### **Fitness**

The day will be tailored to your abilities, but walking in Scotland requires a reasonable level of fitness, however previous experience is not required.

### **Transport**

In a comfortable 8 x seater minibus

### **Meals**

Lunch is included in the price – please inform us of your dietary requirements at time of booking.

### **Insects**

Biting midges can occur between June and August. We recommend Smidge the Midge insect repellent.

### **What to bring**

Warm clothing (layers are best)	Walking boots
Waterproof jacket and trousers	Warm hat
Warm waterproof gloves	Rucksack
Camera, Sunglasses, Suncream	Water bottle

### **Recommended reading**

*The Whisky River* by Robin Laing  
*101 Whiskies to try before you die* by Ian Buxton  
*Whisky Galore* by Compton MacKenzie

### **Prices – on an all-inclusive, exclusive basis**

2 guests	Total cost £380
3 guests	Total cost £405
4 guests	Total cost £430
5 guests	Total cost £455
6 guests	Total cost £480
7 guests	Total cost £505

