

# Taste of the Cairngorms



Let us show you what the National Park has on offer for your taste buds!

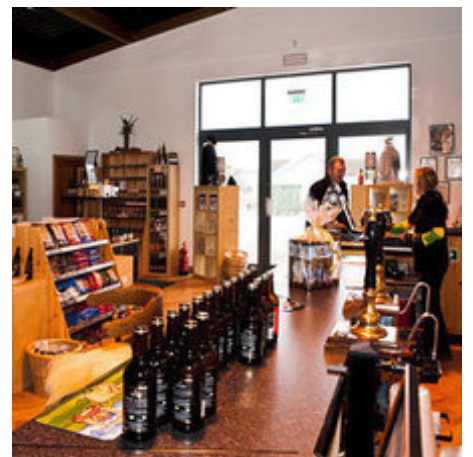
Your journey starts in Aviemore from where we will explore the famous Highland loch that has been voted the top picnic spot in the UK in previous years. Picnic? Of course! Fresh ground coffee along with some treats from the local estate await you in a picture perfect setting.

A food journey wouldn't be complete without the right tipple – in our case, we'll visit an award winning brewery in the heart of the National Park. We'll learn about the process of making beer and we will be able to sample some of their different ales.

We will then visit a farm shop with café for exploration of local produce and a scrumptious lunch. Cullen skink, venison sausages, smoked salmon and more. We'll be well set up for the afternoon.

After lunch, we'll stretch our legs again visiting a set of highland lochans in nearby Glen Feshie, famous for its tranquil setting among pine forests, cascading rivers and stunning walks. But the walk is just in preparation for our visit of the legendary cake shop at the Inshriash Nursery. The cakes must be seen – and tasted – to be believed!

We'll return you to your starting point at the end of the day.





# Cairngorms National Park

## A Taste of the Cairngorms

### Pick up point

Any accommodation, or other point, in the Aviemore, Grantown-on-Spey or Kingussie area at 9.00am.

### Weather

Varies from cold to warm and sunny throughout the year – see list of what to bring.

### Fitness

The day will be tailored to your abilities, but walking in Scotland requires a reasonable level of fitness, however previous experience is not required.

### Transport

In a comfortable 8 x seater minibus

### Meals

Lunch and afternoon tea are included in the price – please inform us of your dietary requirements at time of booking.

### Insects

Biting midges can occur between June and August. We recommend Smidge the Midge insect repellent.

### What to bring

Warm clothing (layers are best)  
Waterproof jacket and trousers  
Warm waterproof gloves  
Camera, Sunglasses, Suncream

Walking boots  
Warm hat  
Rucksack  
Water bottle

### Recommended reading

The Larder – a Guide to Scotland's Food & Drink by Donald Reid  
Malt Whisky – The Complete Guide by Charles MacLean

### Prices – on an all-inclusive, exclusive basis

2 guests	Total cost £350
3 guests	Total cost £385
4 guests	Total cost £420
5 guests	Total cost £455
6 guests	Total cost £490
7 guests	Total cost £525

